



2026 Virginia / West Virginia Trampoline & Tumbling State Championships

DATE: Sunday - March 29, 2026

LOCATION: Dulles Gymnastics

24730 Arcola Center Plaza, Loudoun County, VA 20166

MEET DIRECTOR: Carla He

Phone: 571-246-3760

E-mail: carlajhe@gmail.com

EVENTS: Individual Trampoline (Levels 1-Elite)

Individual Tumbling (Levels 1-Elite)

I Individual Double Mini Trampoline (Levels 1-Elite)

EQUIPMENT: (2) Euro Trampolines with 22' ceiling height

(1) Double-Mini Trampoline (Euro DMT)

(1) Rod Floor (84' with 20' run-up)

ENTRY FEE: All Disciplines \$115

**** Meet Registration Fee:** payable to "USA Gymnastics (USAG) Virginia State."

**** Due to the limitation of the ceiling height, all level 9 and up athletes are allowed to compete at other states within our region. Please email your petition in advance.**

Please mail the checks to:

Carla He
545 McArthur Ter NE
Leesburg, VA 20176

ENTRY DEADLINE: Saturday, March 7, 2026

** Please use the usagym.org reservation system**

LATE FEE: \$30 per athlete after March 7

CHANGE FEE: \$25 per change after March 7

Please send accurate registrations and verify team roster reports!

GATE FEE: \$15 for 12 & Over (Cash Only)

AWARDS: Official State Medals 1st – 3rd, Ribbons 4th to 8th Place

Useful links:

VA State Website: <https://www.va-tandt.com/>