

2019 Maryland State Championships

- Date:** Sunday – April 7
- Location:** Paint Branch High School
14121 Old Columbia Pike, Burtonsville, MD 20866
- MEET DIRECTOR:** Konstantin Gulisashvili
Phone: 301-362-6067
E-mail: kosta.gulisashvili@pgparks.com
- EVENTS:** Individual Trampoline (All Levels)
Individual Tumbling (All Levels)
Individual Double Mini Trampoline (All Levels)
Synchronized Trampoline (Levels 5-Elite)
- EQUIPMENT:** (2) Euro Trampolines;
(1) Double-Mini Trampolines (Euro DMT)
(1) Rod Floor (84' with 32' run up)
- ENTRY FEE:** All Disciplines \$100
Elite level athletes Free
This event is run by volunteers from all member teams.
Add \$10 per athlete for your team's volunteer deposit,
Deposit will be refunded if your team's participation quota is met.
Make checks payable to: USA Gymnastics (USAG)
- ENTRY DEADLINE:** Entries must be completed using USAG online reservation system by
Monday, March 18, 2019.
Mail checks (payable to USAG) to:
Konstantin Gulisashvili
13950 Old Gunpowder Rd
Laurel, MD 20707
- LATE FEE:** \$50 per athlete after March 26th
- CHANGE FEE:** \$20 per change after April 1st
Please send accurate registrations and verify team roster reports!
- GATE FEE:** **None - Free Admission,**
So bring lots of friends and relatives to cheer the athletes on.
- AWARDS:** Official State Medals 1st – 3rd, Ribbons 4th to 10th Place

VOLUNTEERS:

For a number of years now, we have been using a participating club staffing system for running our state championships. This does make organizing and managing the meets a little more difficult, but aside from taking the man (and woman) power burden off of a single club, it cuts the labor expenses associated with the meet substantially, spreads the work load over a lot more people, is great training for hosting your own meets, and gives all the participating clubs a vested interest in their State Championships. This meet is for your athletes, so please read the volunteer information below and get involved.

We are asking assistance in 2 ways, 1) work set up or tear down **AND** 2) work sessions during the meet. Each team needs to provide assistance with set up on Saturday or tear down on Sunday afternoon after the meet.

- 1 - 5 registered Athletes = 1 person
- 6 - 10 = 2 people
- 11 - 15 = 3 people
- 16 - 20 = 4 people
- 21 and higher = 5 people

We also will need assistance throughout the meet and ask that each team provide coverage based on the number of athletes per team that are competing as follows:

- 1 – 5 registered athletes = 1 person
- 6 - 10 = 2 people
- 11 - 15 = 3 people
- 16 - 20 = 4 people
- 21 – 25 = 5 people
- 26 – 30 = 6 people
- 31 – 35 = 7 people
- 36 – 40 = 8 people
- 41 – 45 = 9 people
- 45 – 50 = 10 people

Each gym representative would be asked to work one 4 hour session. Teams that meet the meet need for staffing assistance, will receive a "registration rebate" for each of their athletes following the meet.