

Virginia and West Virginia State Trampoline Meet - 8 April 2017

9:15 - 10:15	Open Warm-up for Elites / L10 / L9 / L8				
10:00	Judges /Coaches Meeting				
10:15 - 10:30	Opening Ceremony				
	Session #1: All 13+ and SYNC				
		TR-1		DMT	
10:30 - 11:10		JR Elite / F		13-14 / L8 / F	OE / F
		15 + / L10 / F		13 -14 / L9 /F	OE / M
		15 + / L9 / F		13-14 / L10 / F	SR E / M
		OE / M			JR Elite / F
		JR Elite / M			15+ / F / L10
		13-14 / L10 / M			
		15 + / L10 M			
11:00 - 11:40		15+ / L8 / F		SE / Men	15 + / L8 / M
				JR Elite / M	15 + / L7 / M
				15+ / L10 / M	13-14 / L7 / M
					13-14 / L9 / M
					13-14 / L8 / M
11:40 - 12:10		13-14 / L8 / F		13-14 / L7 / M	13-14 / L4 / F
		13 - 14 / L9 / F		13 - 14 / L6 / M	13-14 / L5 / F
		13 - 14 / L10 / F			
12:10 - 12:40		13-14 / L4 / F		15+ / L5 / F	15+ / L9 / M
		13- 14 / L5 / F		15+ / L6 / F	
				15+ / L7 / F	
12:40 - 1:10		13-14 / L6 / F		15+ / L8 / F	13-14 / L4 / M
		13 -14 / L7 / F		15+ / L9 / F	13-14 / L6 / M
		13-14 / L8 / M		15+ / L10 / F	
1:10 - 1:30		13-14 / L5 / M		13-14 / L5 / F	15+ / L4 / F
		13-14 / L6 / M			15+ / L5 / F
		13 - 14 / L7 / M			15+ / L6 / M
					15+ / L5 / M
1:30 - 1:50		15+ / L8 / M		13-14 / L6 / F	15+ / L7 / F
		15+ / L6 / M		13-14 / L7 / F	15+ / L8 / F
					15+ / L6 / F
					15+ / L9 / F
1:50 - 2:10		15+ / L7 / F		15+ / L7 / M	13-14 / L6 / F
		15+ / L5 / F		15+ / L8 / M	13-14 / L7 / F
		15 + / L6 / F		13-14 / L9 / M	13-14 / L8 / F
				13-14 / L5 / M	13-14 / L9 / F
				13-14 / 10 / M	
2:00 - 2:20		ALL SYNCRO			

2:10 - 2:40 Awards

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Session #2: 12 and under					
	TR-1		DMT		TUMB
2:40 - 3:10	9-10 / L3 / F		11-12 / L4 / F		7-8 / L3 / Men
	9-10 / L4 / F		11-12 / L5 / F		8 & Under / L4 / F
	9-10 / L5 / F		11-12 / L6 / F		8 & Under / L4 / M
					8 & Under / L5 / F
					8 & Under / L5 / M
					8 & Under / L6 / M
3:10 - 3:40	11-12 / L4 / F		11-12 / L7 / F		9-10 / L3 / F
	11 - 12 / L5 / F		11-12 / L8 / F		9-10 / L3 / M
			11-12/L8 / M		9-10 / L4 / F
			11-12 / L9 / M		9-10 / L4 / M
					9-10 / L5 / M
3:40 - 4:10	11-12 / L6 / F		11-12 / L5 / M		9-10 / L5 / F
	11 - 12 / L7 / F		11-12 / L6 / M		9-10 / L6 F / F
	11 -12 / L8 / F				9-10 / L7 / F
					10 & Under / L8 / F
4:10 - 4:30	7-8 / L3 / M		9-10 / L4 / F		11 & Over / L3 / F
	8 & Under / L5 / M		9-10 / L5 / F		11-12 / L4 / F
	9-10 / L5 / M				11-12 / L5 / F
	11-12 / L5 / M				
4:30 - 4:50	7-8 / L3 / F		9-10 / L6 / F		11-12 / L6 / F
	8 & Under / L5 / F		9-10 / L7 / F		11-12 / L7 / F
			9-10 / L5 / M		11-12 / L8 / F
			9-10 / L6 / M		
			9-10 / L7 / M		
			10 & Under / L9 / M		
			10& Under / L8 / F		
4:50 - 5:10	9-10 / L6 / F		8 & Under / L4 / F		10 & Under / L9 / M
	10 & Under / L8 / F		8 & Under / L5 / F		11-12 / L4 / M
			7-8 / L3 / M		11-12 / L5 / M
			8 & Under / L6 / M		11-12 / L6 / M
					11-12 / L7 / M
					11-12 / L8 / M
5:10 - 5:30	9-10 / L6 / M				
	11-12 / L6 / M				
	8 & Under / L7 / M				
	9-10/L7/M				
	11-12 / L7 / M				
	10 & Under/ L8 / M				
	11-12 / L8 / M				
5:30 - 6:00 Awards					

